

**“A CRITICAL STUDY OF THE BIOLOGY CURRICULUM AT SENIOR SECONDARY  
STAGE WITH RESPECT TO LIFE SKILLS EDUCATION AND THE HIV/AIDS  
EDUCATION”**

**GARIMA SHARMA**

PhD Scholar, USE, GGSPU, Delhi

**ABSTRACT**

**The Life Skills Concept**

The life Skills program is a comprehensive behaviour change approach that concentrates on the development of skills needed for life, such as communication, decision making, thinking, managing, emotions, assertiveness, self esteem building, resisting peer pressure, and relationship skills. It addresses the development of the whole individual, so that a person will have the skills to make use of all types of information, whether it is related to HIV/AIDS, STD's, reproductive health, safe motherhood, other health issue and communication, decision making.

**KEYWORDS:** Life Skills, Education and the HIV/AIDS Education